

# BREAKFAST & SNACK

**MON**

**TUE**

**WED**

**THU**

**FRI**

**1**  
 B: Whole Grain  
 Cheerios or  
 Shredded Wheat  
 Apple Slices  
  
 S: Apples, Bananas,  
 Milk

**2**  
 B: Pancakes  
 Bananas  
  
 S: PB Crackers,  
 Milk

**3**  
 B: Scrambled Eggs  
 Sausage Links  
 Hashbrowns  
 Grapes  
  
 S: WG Muffins, Milk

**4**  
 B: Whole Grain  
 French Toast  
 Blueberries  
  
 S: Grahams & Milk

**5**  
 B: Greek Yogurt  
 w/ Granola  
 Strawberries  
  
 S: WG Crackers,  
 Cheese, Milk

**8**  
 B: Whole Grain  
 Cheerios or  
 Shredded Wheat  
 Apple Slices  
  
 S: Apples, Bananas,  
 Milk

**9**  
 B: Pancakes  
 Bananas  
  
 S: PB Crackers,  
 Milk

**10**  
 B: Scrambled Eggs  
 Sausage Links  
 Hashbrowns  
 Grapes  
  
 S: WG Muffins, Milk

**11**  
 B: Whole Grain  
 French Toast  
 Blueberries  
  
 S: Grahams & Milk

**12**  
 B: Greek Yogurt  
 w/ Granola  
 Strawberries  
  
 S: WG Crackers,  
 Cheese, Milk

**15**  
 B: Whole Grain  
 Cheerios or  
 Shredded Wheat  
 Apple Slices  
  
 S: Apples, Bananas,  
 Milk

**16**  
 B: Pancakes  
 Bananas  
  
 S: PB Crackers,  
 Milk

**17**  
 B: Scrambled Eggs  
 Sausage Links  
 Hashbrowns  
 Grapes  
  
 S: WG Muffins, Milk

**18**  
 B: Whole Grain  
 French Toast  
 Blueberries  
  
 S: Grahams & Milk

**19**  
 B: Greek Yogurt  
 w/ Granola  
 Strawberries  
  
 S: WG Crackers,  
 Cheese, Milk

**22**  
 B: Whole Grain  
 Cheerios or  
 Shredded Wheat  
 Apple Slices  
  
 S: Apples, Bananas,  
 Milk

**23**  
 B: Pancakes  
 Bananas  
  
 S: PB Crackers,  
 Milk

**24**  
 B: Scrambled Eggs  
 Sausage Links  
 Hashbrowns  
 Grapes  
  
 S: WG Muffins, Milk

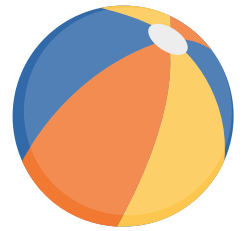
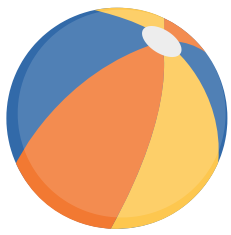
**25**  
 B: Whole Grain  
 French Toast  
 Blueberries  
  
 S: Grahams & Milk

**26**  
 B: Greek Yogurt  
 w/ Granola  
 Strawberries  
  
 S: WG Crackers,  
 Cheese, Milk

**29**  
 B: Whole Grain  
 Cheerios or  
 Shredded Wheat  
 Apple Slices  
  
 S: Apples, Bananas,  
 Milk

**30**  
 B: Pancakes  
 Bananas  
  
 S: PB Crackers,  
 Milk

Menu is subject to change.  
 WHOLE MILK: 12-24 MTHS  
 FAT FREE MILK: 2 & UP



# LUNCH

**MON**

**TUE**

**WED**

**THU**

**FRI**

**1**

WG Turkey Sandwich  
Broccoli  
Pears

**2**

Hot Dog w/ Roll  
Tater Tots  
Bananas

**3**

Cheesy Taco Sticks  
Corn  
Mandarins

**4**

Chicken Pot Pie  
Mixed Veggies  
Apple Slices

**5**

WG Cheese Lasagna  
Yogurt  
Asparagus  
Peaches

**8**

Chicken & Gravy  
Dinner Roll  
Mashed Potatoes  
Corn

**9**

WG Banana Waffles  
Sausage Links  
Homefries  
Fruit Salad

**10**

Cheesy Meatball  
Tater Tot Casserole  
Biscuit  
Apple Slices

**11**

WG Chicken Tacos  
Corn  
Mandarins

**12**

WG Grilled Cheese  
Cheese Stick  
Tomato Soup  
Grapes

**15**

WG Turkey Stuffed  
Shells  
Baby Carrots  
Bananas

**16**

Kielbasa  
Buttered Noodles  
Green Beans  
Blueberries

**17**

Cheesy Mexican Chicken  
Brown Rice  
Corn  
Mandarins

**18**

Baked Ziti  
Cheese Stick  
Cauliflower  
Strawberries

**19**

WG Beef Quesarito  
Corn  
Pineapple

**22**

Hot Dog  
Roll  
Tater Tots  
Bananas

**23**

Pepperoni Pizza  
Mixed Veggies  
Apple Slices

**24**

WG PB&J  
Cheese Stick  
Baby Carrots  
Grapes

**25**

BBQ Chicken  
WG Honey Cornbread  
Baked Beans  
Pears

**26**

Teriyaki Meatballs  
Brown Rice  
Green Beans  
Mandarins

**29**

Spaghetti & Meatballs  
Garlic Bread  
Green Beans  
Bananas

**30**

Beef Tacos  
Tortillas  
Corn  
Cheese Sticks  
Apple Slices

Menu is subject to change.  
WHOLE MILK: 12-24 MTHS  
FAT FREE MILK: 2 & UP