

January

BREAKFAST & SNACK

MON	TUE	WED	THU	FRI
5 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk	6 B: Pancakes Bananas S: Wheat Thins & Cheese	7 B: Scrambled Eggs Sausage Links Hashbrowns Grapes S: Whole Grain Muffins & Milk	8 B: Whole Grain French Toast Blueberries S: Grahams & Milk	9 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip
12 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk	13 B: Pancakes Bananas S: Wheat Thins & Cheese	14 B: Scrambled Eggs Sausage Links Hashbrowns Grapes S: Whole Grain Muffins & Milk	15 B: Whole Grain French Toast Blueberries S: Grahams & Milk	16 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip
19 CLOSED	20 B: Pancakes Bananas S: Wheat Thins & Cheese	21 B: Scrambled Eggs Sausage Links Hashbrowns Grapes S: Whole Grain Muffins & Milk	22 B: Whole Grain French Toast Blueberries S: Grahams & Milk	23 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip
26 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk	27 B: Pancakes Bananas S: Wheat Thins & Cheese	28 B: Scrambled Eggs Sausage Links Hashbrowns Grapes S: Whole Grain Muffins & Milk	29 B: Whole Grain French Toast Blueberries S: Grahams & Milk	30 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip
				MENU IS SUBJECT TO CHANGE. WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP

January

LUNCH

MON	TUE	WED	THU	FRI
5 Cheesy Beef Nachos w/ Whole Grain Tortilla Chips Side Salad Manadrins	6 Chicken Salad Whole Grain Roll Corn Fruit Salad	7 Whole Grain PB&J Cheese Stick Baby Carrots Apple Slices	8 Sausage Links Banana Waffles Hashbrowns Mixed Berries	9 Shepherd's Pie Biscuit Bananas
12 Cheeseburger on Whole Grain Roll Fries Bananas	13 Chicken Tacos w/ Whole Grain Tortilla Seasoned Corn Pineapple	14 Whole Grain Grilled Cheese Sandwich Tomato Soup Strawberries	15 Chicken Parm. Buttered Noodles Mixed Veggies Peaches	16 Turkey & Cheese on Whole Grain Roll Broccoli Grapes
19 CLOSED	20 Sloppy Joe on Roll Carrots Applesauce	21 Mac & Cheese Yogurt Pouch Green Beans Strawberries	22 Italian Chicken Pasta Salad Broccoli Blueberries	23 Beef Hot Dog Roll Tater Tots Grapes
26 Ham Mashed Potatoes Dinner Roll Apple Slices	27 Whole Grain Chicken Quesadilla Corn Bananas	28 Cheese Pizza Yogurt Mixed Veggies Pineapple	29 Teriyaki Meatballs Brown Rice Green Beans Pears	30 Chicken Cordon Bleu Sliders Broccoli & Cauliflower Mix Fruit Salad
				MENU IS SUBJECT TO CHANGE. WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP