



November

BREAKFAST & SNACK

MON	TUE	WED	THU	FRI
3 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	4 B: Pancakes Bananas S: Wheat Thins & Cheese <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	5 B: Scrambled Eggs, Sausage Links, Hashbrowns Grapes S: Whole Grain Muffins & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	6 B: Whole Grain French Toast Blueberries S: Grahams & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	7 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>
10 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	11 B: Pancakes Bananas S: Wheat Thins & Cheese <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	12 B: Scrambled Eggs, Sausage Links, Hashbrowns Grapes S: Whole Grain Muffins & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	13 B: Whole Grain French Toast Blueberries S: Grahams & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	14 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>
17 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	18 B: Pancakes Bananas S: Wheat Thins & Cheese <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	19 B: Scrambled Eggs, Sausage Links, Hashbrowns Grapes S: Whole Grain Muffins & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	20 B: Whole Grain French Toast Blueberries S: Grahams & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	21 B: Greek Yogurt w/ Granola Strawberries S: Apples, Grapes, Yogurt Dip <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>
24 B: Whole Grain Cheerios or Shredded Wheat Apple Slices S: Goldfish & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	25 B: Pancakes Bananas S: Wheat Thins & Cheese <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	26 B: Scrambled Eggs, Sausage Links, Hashbrowns Grapes S: Whole Grain Muffins & Milk <small>WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP</small>	27 CLOSED	28 CLOSED
				Menu is subject to change.



November

LUNCH



MON

TUE

WED

THU

FRI

3

Hot Dog on Roll
Tater Tots
Apple Sauce

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

4

Teriyaki Meatballs
Rice
Green Beans
Mandarins

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

5

Whole Grain PB&J
Cheese Stick
Broccoli
Apple Slices

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

6

Whole Grain Chicken
Alfredo Rice Casserole
Broccoli
Mandarins

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

7

Spaghetti w/ Meat
Sauce
Corn
Grapes

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

10

Beef Stroganoff
Mixed Veggies
Strawberries

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

11

Cheesy Mexican Chicken
Black Beans
Rice
Peaches

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

12

Cheese Quesadilla
Yogurt
Baby Carrots
Mandarins

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

13

Whole Grain Pulled
Pork Corn Casserole
Green Beans
Grapes

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

14

Whole Grain Chicken
Cordon Blue Sliders
Peas
Bananas

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

17

Italian Chicken
Mac & Cheese
Broccoli
Pears

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

18

Beef Tacos
Corn
Mandarins

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

19

Garlic Parm Pasta
Cheese Stick
Cauliflower
Apple Slices

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

20

Whole Grain Chicken
& Dumplings
Mixed Veggies
Fruit Salad

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

21

Banana Waffles
Sausage Links
Home fries
Blueberries

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

24

Teriyaki Meatballs
Rice
Green Beans
Mandarins

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

25

Baked Chicken
Crescent Roll
Cauliflower
Grapes

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

26

Cheese Pizza
Yogurt
Green Beans
Apple Slices

WHOLE MILK: 12-24 MTHS
FAT FREE MILK: 2 & UP

27

CLOSED

28

CLOSED

Menu is
subject to
change.