

Weekly Plan 29 July 2024 - 02 August 2024

Mon (29)	Tue (30)	Wed (31)	Thu (1)	Fri (2)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Rice Krispies or Kix, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Whole Grain Rich Pancakes, Apple Slices, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Scrambled Eggs, Whole Grain Rich Toast, Hash Browns, Bananas, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Whole Grain Rich Waffles, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Yogurt Parfait with Granola, Berries, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets, French Fries, Mixed Veggies, Peaches, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Whole Grain Rich Pizza Sliders, Corn, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Garlic Parm. Pasta, Cheese Stick, Carrots, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Sausage, Red Beans, Whole Grain Rich Rice, Asparagus, Pears, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Chicken Nuggets, French Fries, Green Beans, Pineapple, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Pretzels, Raisins, Water, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Apples, Bananas, Yogurt Dip, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Graham Crackers, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Goldfish, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Popcorn, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up

Weekly Plan 05 August 2024 - 09 August 2024

Mon (5)	Tue (6)	Wed (7)	Thu (8)	Fri (9)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Rice Krispies or Kix, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Whole Grain Rich Pancakes, Apple Slices, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Scrambled Eggs, Whole Grain Rich Toast, Hash Browns, Bananas, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Whole Grain Rich Waffles, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Yogurt Parfait with Granola, Berries, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Whole Grain Rich Turkey Wraps, Mixed Veggies, Peaches, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BBQ Chicken, Rice, Corn, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PB&J on Whole Grain Rich Bread, Cheese Stick, Carrots, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Italian Sausage Baked Ziti, Broccoli, Pears, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Ham Salad on Whole Grain Rich Roll, Green Beans, Pineapple, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Pretzels, Raisins, Water, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Apples, Bananas, Yogurt Dip, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Graham Crackers, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Goldfish, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	Popcorn, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up

Weekly Plan 12 August 2024 - 16 August 2024

Mon (12)	Tue (13)	Wed (14)	Thu (15)	Fri (16)
BREAKFAST Rice Krispies or Kix, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up, Whole Grain Rich Pancakes, Apple Slices	BREAKFAST Scrambled Eggs, Whole Grain Rich Toast, Hash Browns, Bananas, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Grain Rich Waffles, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Yogurt Parfait with Granola, Berries, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
LUNCH Teriyaki Meatballs, Rice, Mixed Veggies, Peaches, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Chicken Parm., Buttered Noodles, Corn, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Whole Grain Rich Quesarito, Black Beans, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Baked Chicken, Pasta Salad, Broccoli, Pears, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Ham & Cheese Sliders on Whole Grain Roll, Cheese Stick, Green Beans, Pineapple, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
PM SNACK Pretzels, Raisins, Water, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Apples, Bananas, Yogurt Dip, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Graham Crackers, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Goldfish, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Popcorn, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up

Weekly Plan 19 August 2024 - 23 August 2024

Mon (19)	Tue (20)	Wed (21)	Thu (22)	Fri (23)
BREAKFAST Rice Krispies or Kix, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Grain Rich Pancakes, Apple Slices, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Scrambled Eggs, Whole Grain Rich Toast, Hash Browns, Bananas, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Grain Rich Waffles, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Yogurt Parfait with Granola, Berries, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
LUNCH Hot Dog on Whole Grain Rich Roll, Mixed Veggies, Peaches, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Whole Grain Rich Chicken Tacos, Corn, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Cheese Quesadilla, Cheese Stick, Carrots, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Pulled Pork, Rice, Broccoli, Pears, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Whole Grain Rich Pizza Sliders, Green Beans, Pineapple, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
PM SNACK Pretzels, Raisins, Water, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Apples, Bananas, Yogurt Dip, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Graham Crackers, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Goldfish, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Popcorn, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up

Weekly Plan 26 August 2024 - 30 August 2024

Mon (26)	Tue (27)	Wed (28)	Thu (29)	Fri (30)
BREAKFAST Rice Krispies or Kix, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Grain Rich Pancakes, Apple Slices, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Scrambled Eggs, Whole Grain Rich Toast, Hash Browns, Bananas, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Whole Grain Rich Waffles, Mandarins, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	BREAKFAST Yogurt Parfait with Granola, Berries, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
LUNCH Italian Chicken, Garlic Parm. Pasta, Cheese Stick, Mixed Veggies, Peaches, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Chicken Roll-Ups, Corn, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Whole Grain Rich Pizza Bagels, Cheese Stick, Carrots, Grapes, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Sausage Patty, Whole Grain Rich French Toast, Home Fries, Fruit Salad, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Chicken Salad, Whole Grain Rich Crackers, Green Beans, Pineapple, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up
PM SNACK Pretzels, Raisins, Water, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Apples, Bananas, Yogurt Dip, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Graham Crackers, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	PM SNACK Goldfish, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up	LUNCH Popcorn, Whole Milk: 12-24 Months, Fat Free Milk: 2 years old & up